

## SECTION 6

# Medicare drug coverage (Part D)

### How does Medicare drug coverage work?

Medicare drug coverage (Part D) helps pay for prescription drugs you need. Even if you don't take prescription drugs now, you should consider getting Medicare drug coverage. Medicare drug coverage is optional and is offered to everyone with Medicare. If you decide not to get it when you're first eligible, and you don't have other [creditable prescription drug coverage](#) (like drug coverage from an employer or union) or get [Extra Help](#), you'll likely pay a late enrollment penalty if you join a plan later. Generally, you'll pay this penalty for as long as you have Medicare drug coverage (see pages 83–84). To get Medicare drug coverage, you must join a Medicare-approved plan that offers drug coverage. Each plan can vary in cost and specific drugs covered. Visit [Medicare.gov/plan-compare](https://www.Medicare.gov/plan-compare) to find and compare plans in your area.

There are 2 ways to get Medicare drug coverage (Part D):

- 1. Medicare drug plans.** These plans add Medicare drug coverage (Part D) to Original Medicare, some Medicare Cost Plans, some Private Fee-for-Service plans, and Medical Savings Account plans. You must have Part A and/or Part B to join a separate Medicare drug plan.
- 2. Medicare Advantage Plans or other Medicare health plans with drug coverage.** You get your Part A, Part B, and Medicare drug coverage (Part D) through these plans. Remember, you must have Part A and Part B to join a Medicare Advantage Plan, and not all of these plans offer drug coverage.

In either case, you must live in the [service area](#) of the plan you want to join and be lawfully present in the U.S. **Both types of plans are called “Medicare drug coverage” in this handbook.**

**Important!** If you have employer or union coverage

**Call your benefits administrator before you make any changes, or sign up for any other coverage.** If you sign up for other coverage, you could lose your employer or union health and drug coverage for you and your dependents. If this happens, you may not be able to get your employer or union coverage back. If you want to know how Medicare drug coverage (Part D) works with other drug coverage you may have, see page 88.

## When can I join, switch, or drop a plan?

You can join, switch, or drop a Medicare drug plan or a **Medicare Advantage Plan** with drug coverage during these times:

- **Initial Enrollment Period.** When you first become eligible for Medicare, you can join a plan. See page 17.
- **Open Enrollment Period.** From October 15 – December 7 each year, you can join, switch, or drop a plan. Your coverage will begin on January 1 (as long as the plan gets your request by December 7).
- **Medicare Advantage Open Enrollment Period.** From January 1 – March 31 each year, if you're enrolled in a Medicare Advantage Plan, you can switch to a different Medicare Advantage Plan or switch to Original Medicare (and join a separate Medicare drug plan) once during this time. See page 71.

If you have to pay a **premium** for Part A and enroll in Part B for the first time during the General Enrollment Period, you can also join a plan from April 1 – June 30. Your coverage will begin on July 1.

## Special Enrollment Periods

Generally, you must stay enrolled in your plan for the entire year. But when certain events happen in your life, like if you move or lose other insurance coverage, you may qualify for a Special Enrollment Period. You may be able to make changes to your plan mid-year if you qualify. Check with your plan for more information.

## How do I switch plans?

You can switch to a new Medicare drug plan or Medicare Advantage Plan with drug coverage simply by joining another plan during one of the times listed above. Your old drug coverage will end when your new drug coverage begins. You should get a letter from your new plan telling you when your coverage begins, so **you don't need to cancel your old plan.** You can switch plans by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

## How do I drop my plan?

If you want to drop your separate Medicare drug plan or **Medicare Advantage Plan** with drug coverage and don't want to join a new plan, you can only do so during certain times (see page 80). You can disenroll by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048. You can also send a letter to the plan to tell them you want to disenroll. If you drop your plan and want to join another Medicare drug plan or **Medicare health plan** with drug coverage later, you have to wait for an enrollment period. You may have to pay a late enrollment penalty if you don't have **creditable prescription drug coverage**. See pages 83–84.

## Read the information you get from your plan

Review the “Evidence of Coverage” and “Annual Notice of Change” your plan sends you each year. The Evidence of Coverage gives you details about what the plan covers, how much you pay, and more. The Annual Notice of Change includes any changes in coverage, costs, provider networks, **service area**, and more that will be effective in January. If you don't get these important documents in early fall, contact your plan.

## How much do I pay?

Your drug costs will vary based on the plan you choose. Remember, plan coverage and costs can change each year. You may have to pay a **premium**, **deductible**, **copayments**, or **coinsurance** throughout the year. Learn more about these costs on the next page.

### Your actual drug coverage costs will vary depending on:

- Your prescriptions and whether they're on your plan's list of covered drugs (**formulary**). See page 85.
- What “tier” the drug is in. See page 85.
- Which drug benefit phase you're in (like whether you've met your deductible, or if you're in the catastrophic coverage phase). See page 83.
- Which pharmacy you use (whether it offers preferred or standard cost sharing, is out of network, or is mail order). Your out-of-pocket drug costs may be less at a preferred pharmacy because it has agreed with your plan to charge less.
- Whether you get **Extra Help** paying your Medicare drug costs. See page 91.



**Cost & coverage:** You may be able to lower the cost of your drugs. Some ways include choosing generics over brand name or paying the non-insurance cost of a drug. Ask your pharmacist—they can tell you if there's a less expensive option available. Check with your doctor to make sure the generic option is best for you.

### Monthly premium

Most drug plans charge a monthly fee that varies by plan. You pay this in addition to the Part B [premium](#). If you're in a [Medicare Advantage Plan](#) or a Medicare Cost Plan with drug coverage, the monthly premium may include an amount for drug coverage.

**Note:** Contact your plan (not Social Security or the Railroad Retirement Board (RRB)) if you want your drug premium deducted from your monthly Social Security or RRB payment. If you want to stop premium deductions and get billed directly, contact your plan.

#### Important!

**If you have a higher income, you might pay more for your Medicare drug coverage.** If your income is above a certain limit (in 2022: \$91,000 if you file individually or \$182,000 if you're married and file jointly), you'll pay an extra amount in addition to your plan premium (sometimes called "Part D-IRMAA"). You'll also have to pay this extra amount if you're in a Medicare Advantage Plan that includes drug coverage. This doesn't affect everyone, so most people won't have to pay an extra amount. If you have Part B and you have a higher income, you may also have to pay an extra amount for your Part B premium, even if you don't have Medicare drug coverage (Part D). See page 23.

Usually, the extra amount will be deducted from your Social Security or RRB payment. If Medicare or the RRB bills you for the extra amount instead of deducting it from your Social Security or RRB payment, then you must pay the extra amount to Medicare or the RRB, not your plan. If you don't pay the extra amount, you could lose your Medicare drug coverage (Part D). You may not be able to enroll in another plan right away, and you may have to pay a late enrollment penalty for as long as you have drug coverage.

You'll pay Part D-IRMAA payments separately, even if your employer or another third party (like a retirement system) pays your plan premiums.

If you have to pay an extra amount and you disagree (for example, you have one or more life changing events that lower your income), visit [socialsecurity.gov](https://www.socialsecurity.gov) or call Social Security at 1-800-772-1213. TTY users can call 1-800-325-0778.

### Yearly deductible

This is the amount you must pay before your plan begins to pay its share of your covered drugs. Some plans don't have a [deductible](#).

### Copayments or coinsurance

These are the amounts you pay for your covered drugs after the deductible (if the plan has one). You pay your share and your plan pays its share for covered drugs. If you pay [coinsurance](#), these amounts may vary throughout the year due to changes in the drug's total cost. The amount you pay will also depend on the tier level assigned to your drug. See page 85.

Once you and your plan spend \$4,430 combined on drugs (including deductible), you'll generally pay no more than 25% of the cost for prescription drugs until your out-of-pocket spending is \$7,050, under the standard drug benefit.

## Catastrophic coverage

Once your out-of-pocket spending reaches \$7,050, you'll automatically get "catastrophic coverage." In most cases, you'll pay no more than 5% of the cost for covered drugs for the rest of the year.

**Note:** If you get [Extra Help](#), you won't have some of these costs. See pages 91–92.

### Important!

Visit [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare) to get specific Medicare drug plan and [Medicare Advantage Plan](#) costs, and call the plans you're interested in to get more details. For help comparing plan costs, contact your State Health Insurance Assistance Program (SHIP). See pages 117–120 for the phone number.

## What's the Medicare drug coverage (Part D) late enrollment penalty?

The late enrollment penalty is an amount that's permanently added to your Medicare drug coverage (Part D) [premium](#). You may owe a late enrollment penalty if at any time after your Initial Enrollment Period is over, there's a period of 63 or more days in a row when you don't have Medicare drug coverage or other [creditable prescription drug coverage](#). You'll generally have to pay the penalty for as long as you have Medicare drug coverage.

**Note:** If you get Extra Help, you don't pay a late enrollment penalty.

### 3 ways to avoid paying a penalty:

#### 1. Enroll in Medicare drug coverage (Part D) when you're first eligible.

Even if you don't take drugs now, you should consider joining a separate Medicare drug plan or a Medicare Advantage Plan with drug coverage to avoid a penalty. You may be able to find a plan that meets your needs with little to no monthly premiums. See pages 5–9 to learn more about your choices.

#### 2. Enroll in Medicare drug coverage (Part D) if you lose other creditable coverage.

Creditable prescription drug coverage could include drug coverage from a current or former employer or union, TRICARE, Indian Health Service, the Department of Veterans Affairs, or individual health insurance coverage. Your plan must tell you each year if your non-Medicare drug coverage is creditable coverage. If you go 63 days or more in a row without Medicare drug coverage or other creditable prescription drug coverage, you may have to pay a penalty if you sign up for Medicare drug coverage later.

#### 3. Keep records showing when you had other creditable drug coverage, and tell your plan when they ask about it.

If you don't tell your [Medicare plan](#) about your previous creditable prescription drug coverage, you may have to pay a penalty for as long as you have Medicare drug coverage.

**How much more will I pay for a late enrollment penalty?**

The cost of the late enrollment penalty depends on how long you didn't have **creditable prescription drug coverage**. Currently, the late enrollment penalty is calculated by multiplying 1% of the "national base beneficiary premium" (\$33.37 in 2022) by the number of full, uncovered months that you were eligible but didn't enroll in Medicare drug coverage (Part D) and went without other creditable prescription drug coverage. The final amount is rounded to the nearest \$.10 and added to your monthly **premium**. Since the "national base beneficiary premium" may increase each year, the penalty amount may also increase each year. After you enroll in Medicare drug coverage, the plan will tell you if you owe a penalty and what your premium will be.

**Example:**

Mrs. Martinez is currently eligible for Medicare, and her Initial Enrollment Period ended on May 31, 2018. She doesn't have prescription drug coverage from any other source. She didn't join by May 31, 2018, and instead joined during the Open Enrollment Period that ended December 7, 2020. Her drug coverage was effective January 1, 2021.

**2021**

Since Mrs. Martinez was without creditable prescription drug coverage from June 2018–December 2020, her penalty in 2021 was 31% (1% for each of the 31 months) of \$33.06 (the national base beneficiary premium for 2021) or \$10.25. Since the monthly penalty is always rounded to the nearest \$0.10, she paid \$10.30 each month in addition to her plan's monthly premium.

**Here's the math:**

**.31** (31% penalty) × **\$33.06** (2021 base beneficiary premium) = **\$10.25**

**\$10.25** rounded to the nearest \$0.10 = **\$10.30**

**\$10.30 = Mrs. Martinez's monthly late enrollment penalty for 2021**

**2022**

In 2022, Medicare recalculated Mrs. Martinez's penalty using the 2022 base beneficiary premium (\$33.37). So, Mrs. Martinez's new monthly penalty in 2022 is 31% of \$33.37, or \$10.34 each month. Since the monthly penalty is always rounded to the nearest \$0.10, she pays \$10.30 each month in addition to her plan's monthly premium.

**Here's the math:**

**.31** (31% penalty) × **\$33.37** (2022 base beneficiary premium) = **\$10.34**

**\$10.34** rounded to the nearest \$0.10 = **\$10.30**

**\$10.30 = Mrs. Martinez's monthly late enrollment penalty for 2022**

**What if I don't agree with the late enrollment penalty?**

Your Medicare drug plan or **Medicare Advantage Plan** with drug coverage will send you a letter stating you have to pay a late enrollment penalty. If you disagree with your penalty, you can request a review (generally within 60 days from the date on the letter). Fill out the "reconsideration request form" you get with your letter by the date listed in the letter. You can provide proof that supports your case, like information about previous creditable prescription drug coverage. If you need help, call your plan.

## Which drugs are covered?

All plans must cover a wide range of prescription drugs that people with Medicare take, including most drugs in certain “protected classes,” like drugs to treat cancer or HIV/AIDS. Information about a plan’s list of covered drugs (called a “**formulary**”) isn’t included in this handbook because each plan has its own formulary. A Medicare drug plan can make some changes to its drug list during the year if it follows guidelines set by Medicare. Your plan may change its drug list during the year because drug therapies change, new drugs are released, or new medical information becomes available. Your plan may raise the **copayment** or **coinsurance** you pay for a particular brand name drug or generic drug when the manufacturer raises the price, or when a plan starts to offer a generic form of a brand name drug, but you continue to take the brand name drug.

Many Medicare drug plans and **Medicare health plans** with drug coverage place drugs into different levels called “tiers” on their formularies. Drugs in each tier have a different cost. For example, a drug in a lower tier will generally cost you less than a drug in a higher tier. Check with the plan to see if a drug is covered for your health condition. A plan may cover a drug for one condition but not another.

## What happens if my drug is in a higher tier?

In some cases, if your drug is in a higher tier and your prescriber (your doctor or other health care provider who’s legally allowed to write prescriptions) thinks you need that drug instead of a similar drug in a lower tier, you or your prescriber can ask your plan for an exception to get a lower coinsurance or copayment for the drug in the higher tier. See page 100 for more information on exceptions.

Plans can change their formularies at any time. Your plan may notify you of any formulary changes that affect drugs you’re taking.

**Note:** Medicare drug coverage (Part D) includes drugs for medication-assisted treatment for opioid use disorders. It also covers drugs like methadone and buprenorphine when prescribed for pain. However, Medicare Part A covers methadone when used to treat an opioid use disorder as an inpatient in a hospital, and Part B now covers methadone when you receive it through an opioid treatment program. See page 47 for more information about opioid treatment programs.

Contact the plan for its current formulary, or visit the plan’s website. You can also visit [Medicare.gov/plan-compare](https://www.Medicare.gov/plan-compare) or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

### Important!

Each month you fill a prescription, your plan mails you an “Explanation of Benefits” notice. Review your notice and check it for mistakes. Contact your plan if you have questions or find mistakes. If you suspect fraud, call the Medicare Drug Integrity Contractor at 1-877-7SAFERX (1-877-772-3379). See page 106.

## Plans may have coverage rules for certain drugs

- **Prior authorization:** You and/or your prescriber must contact your plan before you can fill certain prescriptions. Your prescriber may need to show that the drug is **medically necessary** for the plan to cover it.

Plans may also use prior authorization when they cover a drug for only certain medical conditions it is approved for, but not others. When this occurs, plans will likely have alternative drugs on their list of covered drugs (**formulary**) for the other medical conditions the drug is approved to treat.

- **Quantity limits:** Limits on how much medicine you can get at a time.
- **Step therapy:** You may need to try one or more similar, lower-cost drugs before the plan will cover the prescribed drug.
- **Prescription safety checks at the pharmacy (including opioid pain medicine):** Before the pharmacy fills your prescriptions, your Medicare drug plan and pharmacy perform additional safety checks, like checking for drug interactions and incorrect dosages. These safety checks also include checking for possible unsafe amounts of opioids, limiting the days supply of a first prescription for opioids, and use of opioids at the same time as benzodiazepines (commonly used for anxiety and sleep). Opioid pain medicine (like oxycodone and hydrocodone) can help with certain types of pain, but have risks and side effects (like addiction, overdose, and death). These can increase when you take opioids with certain other drugs, like benzodiazepines, anti-seizure medications, gabapentin, muscle relaxers, certain antidepressants, and drugs for sleeping problems. Check with your doctor or pharmacist if you have questions about risks or side effects.
- **Drug Management Programs:** Medicare drug plans and health plans with drug coverage have a program in place to help you use these opioids and benzodiazepines safely. If your opioid use could be unsafe, for example due to getting opioid prescriptions from multiple doctors or pharmacies, or if you had a recent overdose from opioids, your plan will contact the doctors who prescribed them for you to make sure they're medically necessary and you're using them appropriately.

If your plan decides your use of prescription opioids and benzodiazepines may not be safe, the plan will send you a letter in advance. This letter will tell you if the plan will limit coverage of these drugs for you, or if you'll be required to get the prescriptions for these drugs only from one doctor or pharmacy you select. You and your doctor have the right to appeal these limitations if you disagree with the plan's decision (see page 99). The letter will also tell you how to contact the plan if you have questions or would like to appeal.

**Prescription safety checks at the pharmacy and Drug Management Programs generally don't apply if** you have cancer or sickle cell disease, are getting palliative or end-of-life care, are in hospice, or live in a long-term care facility.

**If you or your prescriber believe that your plan should waive one of these coverage rules, you can ask for an exception.** See page 100.



**Important tips if you're prescribed opioids:**

- Opioid medications can be an important part of pain management, but they also can have serious health risks if misused.
- Talk with your doctor about having naloxone at home. Medicare covers naloxone, a drug that your doctor may prescribe as a safety measure in case you need to rapidly reverse the effects of an opioid overdose.
- Talk with your doctor about your dosage and the length of time you'll be taking them. You and your doctor may decide later you don't need to take all of your prescription.
- Talk with your doctor about other options that Medicare covers to treat your pain, like non-opioid medications and devices, physical therapy, acupuncture for lower back pain, individual and group therapy, behavioral health integration services, and more.
- Never take more opioids than prescribed. Also, talk with your doctor about any other pain medicines you're taking.
- Safely store and dispose of unused prescription opioids through your community drug take-back program or your pharmacy mail-back program.

For more information on safe and effective pain management and opioid use, visit [Medicare.gov/coverage/pain-management](https://www.medicare.gov/coverage/pain-management) or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

**Do you get automatic prescription refills in the mail?**

Some people with Medicare get their drugs through an “automatic refill” service that automatically delivers prescription drugs before they run out. To make sure you still need a prescription before they send you a refill, drug plans may offer a voluntary auto-ship program. Contact your plan for more information.

**Medication Therapy Management program**

Plans with Medicare drug coverage (Part D) must offer free Medication Therapy Management services if you meet certain requirements or are in a program to help members use their opioids safely. If you qualify, you can get these services to help you understand how to manage and use drugs safely. Medication Therapy Management services usually include a discussion with a pharmacist or health care provider to review your medications. These services may vary in some plans.

The pharmacist or health care provider may talk with you about:

- How well your medications are working and any problems you're having
- Whether your medications have side effects
- If there might be interactions between the drugs you're taking
- Whether you can get lower costs
- How to safely dispose of unused medications

Contact your plan for specific details and to see if you're eligible for a Medication Therapy Management program. Or, visit [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare) to find and compare health and drug plans.

### Part D Senior Savings Model

You may be able to get Medicare drug coverage that gives supplemental benefits specifically for insulin. The Part D Senior Savings Model is available to all people with Medicare. Plans that participate in this model will offer coverage choices that include multiple types of insulin at a maximum **copayment** of \$35 for a month's supply. (The \$35 maximum copayment doesn't apply during the catastrophic phase of Medicare drug plan coverage.) If you're getting full **Extra Help**, your copayment for insulin is less than \$35 outside of the model.

## How do other insurance and programs work with Medicare drug coverage (Part D)?

### Medicaid

If you have Medicare and full **Medicaid** coverage, Medicare covers your prescription drugs.

Medicaid may still cover some drugs that Medicare doesn't cover.

**Note:** You automatically qualify for Extra Help if you have Medicare and Medicaid. See page 92.

### Employer or union health coverage

This is health coverage from your, your spouse's, or other family member's current or former employer or union. If you have drug coverage based on your current or previous employment, your employer or union will notify you each year to let you know if your drug coverage is creditable. **Keep the information you get.** Call your benefits administrator for more information before making any changes to your coverage.

**Note:** If you get Medicare drug coverage, you, your spouse, or your dependents may lose your employer or union health coverage.

### COBRA

This is a federal law that may allow you to temporarily keep employer or union health coverage after the employment ends or after you lose coverage as a dependent of the covered employee. There may be reasons why you should take Part B instead of, or in addition to, COBRA coverage (see page 18). However, if you take COBRA and it includes **creditable prescription drug coverage**, you'll have a Special Enrollment Period to get Medicare drug coverage (Part D) without paying a penalty when the COBRA coverage ends.

Talk with your State Health Insurance Assistance Program (SHIP) to see if COBRA is a good choice for you. See pages 117–120 for the phone number. If you have questions about Medicare and COBRA, call the Benefits Coordination & Recovery Center at 1-855-798-2627. TTY users can call 1-855-797-2627.

## Medicare Supplement Insurance (Medigap) with drug coverage

**Medigap** policies can no longer be sold with drug coverage, but if you currently have Medigap with drug coverage, you can keep it. You may choose to join a separate Medicare drug plan because most Medigap drug coverage isn't creditable, and you may pay more if you join a drug plan later. See page 82.

You can't have drug coverage in both Medigap and your Medicare drug plan. If you join a separate Medicare drug plan, tell your Medigap insurance company so they can remove the drug coverage and adjust your **premiums**. Call your Medigap insurance company for more information.

**Note:** Keep any **creditable prescription drug coverage** information you get from your plan. You may need it if you decide to join a separate Medicare drug plan later. Don't send creditable coverage letters or certificates to Medicare.

## How does other government insurance work with Medicare drug coverage (Part D)?

The types of insurance listed below are all considered creditable prescription drug coverage. In most cases, it's to your advantage to keep this coverage if you have it.

### Federal Employee Health Benefits Program (FEHB)

This is health coverage for current and retired federal employees and covered family members. These plans usually include creditable prescription drug coverage, so you don't need to get Medicare drug coverage (Part D). However, if you decide to get Medicare drug coverage, you can keep your FEHB plan, and in most cases, the **Medicare plan** will pay first. For more information, visit [opm.gov/healthcare-insurance/healthcare](https://www.opm.gov/healthcare-insurance/healthcare), or call the Office of Personnel Management at 1-888-767-6738. TTY users can call 1-800-877-8339. If you're an active federal employee, contact your Benefits Officer. Visit [apps.opm.gov/abo](https://apps.opm.gov/abo) for a list of Benefits Officers. You can also call your plan if you have questions.

### Veterans' benefits

This is health coverage for veterans and people who have served in the U.S. military. You may be able to get drug coverage through the U.S. Department of Veterans Affairs (VA) program. You may join a separate Medicare drug plan, but if you do, you can't use both types of coverage for the same drug at the same time. For more information, visit [va.gov](https://www.va.gov) or call the VA at 1-800-827-1000. TTY users can call 711.

### **CHAMPVA (Civilian Health and Medical Program of the Department of Veterans Affairs)**

This is a comprehensive health care program in which the Department of Veterans Affairs shares the cost of covered health care services and supplies with eligible beneficiaries. You may join a separate Medicare drug plan, but if you do, you won't be able to use the Meds by Mail program which can give your maintenance drugs to you at no charge (no [premiums](#), [deductibles](#), and [copayments](#)). For more information, visit [va.gov/communitycare/programs/dependents/champva/](https://va.gov/communitycare/programs/dependents/champva/) or call CHAMPVA at 1-800-733-8387.

### **TRICARE (military health benefits)**

This is a health care plan for active-duty service members, military retirees, and their families. **Most people with TRICARE entitled to Part A must have Part B to keep TRICARE drug benefits.** If you have TRICARE, you don't need to join a separate Medicare drug plan. However, if you do, your Medicare drug plan pays first, and TRICARE pays second.

If you join a [Medicare Advantage Plan](#) with drug coverage, your Medicare Advantage Plan and TRICARE may coordinate their benefits if your Medicare Advantage Plan network pharmacy is also a TRICARE network pharmacy. Otherwise, you can file your own claim to get paid back for your out-of-pocket costs. For more information, visit [tricare.mil](https://tricare.mil), or call the TRICARE Pharmacy Program at 1-877-363-1303. TTY users can call 1-877-540-6261.

### **Indian Health Service (IHS)**

The IHS is the primary health care provider to the American Indian/Alaska Native Medicare population. The Indian health care system, consisting of tribal, urban, and federally operated IHS health programs, delivers a spectrum of clinical and preventive health services through a network of hospitals, clinics, and other entities. Many Indian health facilities participate in the Medicare drug program (Part D). If you get drugs through an Indian health facility, you'll continue to get drugs at no cost to you, and your coverage won't be interrupted. Joining a Medicare drug plan or Medicare Advantage Plan with drug coverage may help your Indian health facility because the plan pays the Indian health facility for the cost of your drugs. Talk to your local Indian health benefits coordinator who can help you choose a plan that meets your needs and tell you how Medicare works with the Indian health care system.

**Note:** If you're getting care through an IHS or tribal health facility or program without being charged, you can continue to do so for some or all of your care. Getting Medicare doesn't affect your ability to get services through the IHS and tribal health facilities.

## SECTION 7

# Get help paying your health & drug costs

### Get Extra Help paying your Medicare drug costs

If you have limited income and resources, you may qualify for help to pay for some health care and drug coverage costs.

**Extra Help** is a program to help people with limited income and resources pay Medicare drug costs. You may qualify for Extra Help if your yearly income and resources are below these limits in 2021:

	Yearly income	Other resources
<b>Single person</b>	less than \$19,320	less than \$14,790
<b>Married person living with a spouse and no other dependents</b>	less than \$26,130	less than \$29,520

These amounts may change in 2022. You may qualify even if you have a higher income (like if you still work, live in Alaska or Hawaii, or have dependents living with you). Resources include money in a checking or savings account, stocks, bonds, mutual funds, and Individual Retirement Accounts (IRAs). Resources **don't** include your home, car, household items, burial plot, up to \$1,500 for burial expenses (per person), or life insurance policies.

If you qualify for Extra Help and join a separate Medicare drug plan or **Medicare Advantage Plan** with Medicare drug coverage (Part D):

- You'll get help paying your drug coverage costs.
- You won't pay a late enrollment penalty.

**Note:** Extra Help isn't available in Puerto Rico, the U.S. Virgin Islands, Guam, the Northern Mariana Islands, or American Samoa. See page 96 for information about programs available in those areas.



**Cost & coverage:** Most people with Medicare can only make changes to their drug coverage at certain times of the year. If you have **Medicaid** or receive **Extra Help**, you may be able to make changes to your coverage one time during each of these periods:

- January – March
- April – June
- July – September

If you make a change, it will begin the first day of the following month. You'll have to wait for the next period to make another change. You can't use this Special Enrollment Period October – December. However, all people with Medicare can make changes to their coverage October 15 – December 7. The changes will begin on January 1.

**You automatically qualify for Extra Help if you have Medicare and meet any of these conditions:**

- You have full Medicaid coverage.
- You get help from your state Medicaid program paying your Part B **premiums** (in a Medicare Savings Program). See pages 94–96.
- You get Supplemental Security Income (SSI) benefits.

Medicare will mail you a purple letter to let you know you automatically qualify for Extra Help. Keep this for your records. You don't need to apply for Extra Help if you get this letter.

- If you don't already have Medicare drug coverage (Part D), you must get it to use this Extra Help.
- If you don't have drug coverage, Medicare may enroll you in a separate Medicare drug plan so that you'll be able to use the Extra Help. If Medicare enrolls you in a plan, you'll get a yellow or green letter letting you know when your coverage begins, and you'll have a Special Enrollment Period to change plans if you want to enroll in a different plan than the one Medicare enrolled you in.
- Different plans cover different drugs. Check to see if the plan you're enrolled in covers the drugs you use and if you can go to the pharmacies you want. Visit [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare) or call 1-800-MEDICARE (1-800-633-4227) to compare your plan with other plans in your area. TTY users can call 1-877-486-2048.
- If you have Medicaid and live in certain institutions (like a nursing home) or get home- and community-based services, you pay nothing for your covered drugs.

**If you don't want to join a separate Medicare drug plan** (for example, because you want only your employer or union coverage), call the plan listed in your letter, or call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048. Tell them you don't want to be in a Medicare drug plan (you want to "opt out"). If you continue to qualify for **Extra Help** or if your employer or union coverage is **creditable prescription drug coverage**, you won't have to pay a penalty if you join later.

**Important!**

If you have employer or union coverage and you get Medicare drug coverage (Part D), you may lose your employer or union coverage (for you and your dependents) even if you qualify for Extra Help. Call your employer's benefits administrator before you get Medicare drug coverage.

Drug costs in 2022 for people who qualify are generally no more than \$3.95 for each generic drug and \$9.85 for each brand-name drug. Look on the Extra Help letters you get, or contact your plan to find out your exact costs.

**If you didn't automatically qualify for Extra Help, you can apply any time:**

- Visit [socialsecurity.gov/i1020](https://www.socialsecurity.gov/i1020) to apply online.
- Call Social Security at 1-800-772-1213. TTY users can call 1-800-325-0778.

**Note:** When you apply for Extra Help, you can also begin the application process for a Medicare Savings Program. These state programs provide help with other Medicare costs. Social Security will send information to your state unless you tell them not to on the Extra Help application.

To get answers to your questions about Extra Help and help choosing drug coverage, call your State Health Insurance Assistance Program (SHIP). See pages 117-120 for the phone number. You can also call 1-800-MEDICARE.

## What if I need help paying for my Medicare health care costs?

### Medicare Savings Programs

If you have limited income and resources, you may be able to get help from your state to pay your Medicare costs if you meet certain conditions.

#### There are 4 kinds of Medicare Savings Programs:

**1. Qualified Medicare Beneficiary (QMB) Program:** If you're eligible, the QMB Program helps pay for Part A and/or Part B **premiums**. In addition, Medicare providers aren't allowed to bill you for services and items Medicare covers, including **deductibles**, **coinsurance**, and **copayments**. If you get a bill for these charges, tell your provider or the debt collector that you're in the QMB Program and can't be charged for Medicare deductibles, coinsurance, and copayments. If you've already made payments on a bill for services and items Medicare covers, you have the right to a refund. If you're enrolled in a **Medicare Advantage Plan**, you should also contact the plan to ask them to stop the charges. In some cases, you may be billed a small copayment through **Medicaid**, if one applies.

**Note:** To make sure your provider knows you're in the QMB Program, show both your Medicare and Medicaid or QMB card each time you get care. If you have Original Medicare, you can also give your provider a copy of your "Medicare Summary Notice" (MSN). Your MSN will show you're in the QMB Program and shouldn't be billed. Log into (or create) your secure Medicare account at **Medicare.gov** at any time to sign up to get your MSNs electronically.

If your provider won't stop billing you, call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048. We can also confirm that you're in the QMB Program.

- 2. Specified Low-Income Medicare Beneficiary (SLMB) Program:** Helps pay Part B premiums only.
- 3. Qualifying Individual (QI) Program:** Helps pay Part B premiums only. Applications are granted on a first come, first-served basis.
- 4. Qualified Disabled and Working Individuals (QDWI) Program:** Helps pay Part A premiums only. You may qualify for this program if you have a disability, you're working, and you lost your Social Security disability benefits and premium-free Part A because you returned to work.

If you qualify for a QMB, SLMB, or QI Program, you automatically qualify to get **Extra Help** paying for Medicare drug coverage (Part D). See pages 91-93.

#### Important!

The names of these programs and how they work may vary by state. Medicare Savings Programs aren't available in Puerto Rico or the U.S. Virgin Islands.

#### How do I qualify?

In most cases, to qualify for a Medicare Savings Program, you must have income and resources below a certain limit.



States have different limits and ways of counting your income and resources, so you should check with your state Medicaid office to see if you qualify.

### For more information

- Call or visit your Medicaid office (State Medical Assistance Office), and ask for information about Medicare Savings Programs. Visit [Medicare.gov/talk-to-someone](https://www.medicare.gov/talk-to-someone) to get the phone number for your state's Medicaid office. First, choose your state from the drop-down under "What state do you live in?" and then click "Go." You'll be taken to a page with contact information that's specific for your state. Then, in the left hand column of that page, choose "Other insurance programs." Find "Medicaid program" in the list of options under "Topics: Other insurance programs." You can also call 1-800-MEDICARE (1-800-633-4227) to get the phone number for your state's Medicaid office. TTY users can call 1-877-486-2048.
- Contact your State Health Insurance Assistance Program (SHIP). See pages 117-120 for the phone number.

## Medicaid

**Medicaid** is a joint federal and state program that helps pay health care costs if you have limited income and (in some cases) resources and meet other requirements. Some people qualify for both Medicare and Medicaid.

### What does Medicaid cover?

- If you have Medicare and full Medicaid coverage, most of your health care costs are covered. You can get your Medicare coverage through Original Medicare or a [Medicare Advantage Plan](#).
- If you have Medicare and full Medicaid coverage, Medicare covers your prescription drugs. You automatically qualify for [Extra Help](#) paying your Medicare drug costs (see page 91). Medicaid may still cover some drugs that Medicare doesn't cover.
- People with full Medicaid coverage may get coverage for services that Medicare doesn't cover or only partially covers, like nursing home care, personal care, transportation to medical services, home- and community-based services, and dental, vision, and hearing services.

### How do I qualify?

- Medicaid programs vary from state to state. They may also have different names, like "Medical Assistance" or "Medi-Cal."
- Each state has different income and resource requirements.
- Call your Medicaid office for more information and to see if you qualify. Visit [Medicare.gov/talk-to-someone](https://www.medicare.gov/talk-to-someone) or call 1-800-MEDICARE.

## Medicare-Medicaid Plans

Medicare is working with some states and health plans to offer [demonstration](#) plans for certain people who have both Medicare and Medicaid and make it easier for them to get the services they need. They're called Medicare-Medicaid Plans. These plans include drug coverage and are only in certain states. If you're interested in joining a Medicare-Medicaid Plan, visit [Medicare.gov/plan-compare](https://www.medicare.gov/plan-compare) to see if one is available in your area.

### **State Pharmacy Assistance Program**

Many states have State Pharmacy Assistance Programs that help certain people pay for prescription drugs based on financial need, age, or medical condition. To find out if there's a State Pharmacy Assistance Program in your state and how it works, call your State Health Insurance Assistance Program (SHIP). See pages 117-120 for the phone number. You can also visit [Medicare.gov/pharmaceutical-assistance-program/#state-programs](https://www.Medicare.gov/pharmaceutical-assistance-program/#state-programs).

### **Pharmaceutical Assistance Programs (also called Patient Assistance Programs)**

Many major drug manufacturers offer assistance programs for people with Medicare drug coverage (Part D) who meet certain requirements. Visit [Medicare.gov/pharmaceutical-assistance-program](https://www.Medicare.gov/pharmaceutical-assistance-program) to learn more about Pharmaceutical Assistance Programs.

### **Program of All-inclusive Care for the Elderly (PACE)**

PACE is a Medicare and Medicaid program offered in many states that allows people who need a nursing home-level of care to remain in the community. See page 74.

### **Supplemental Security Income (SSI) benefits**

SSI is a cash benefit Social Security pays to people with limited income and resources who are blind, 65 or older, or have a disability. These benefits aren't the same as Social Security retirement benefits. You may be able to get both SSI and Social Security benefits at the same time if your Social Security benefit is less than the SSI benefit amount, due to a limited work history, a history of low-wage work, or both. If you're eligible for SSI, you automatically qualify for [Extra Help](#), and are usually eligible for Medicaid.

You can visit [benefits.gov/ssa](https://www.benefits.gov/ssa), and use the "Benefit Eligibility Screening Tool" to find out if you're eligible for SSI or other benefits. Call Social Security at 1-800-772-1213 or contact your local Social Security office for more information. TTY users can call 1-800-325-0778.

**Note:** People who live in Puerto Rico, the U.S. Virgin Islands, Guam, or American Samoa can't get SSI.

### **Programs for people who live in the U.S. territories**

There are programs in Puerto Rico, the U.S. Virgin Islands, Guam, the Northern Mariana Islands, and American Samoa to help people with limited income and resources pay their Medicare costs. Programs vary in these areas. Call your Medicaid office (State Medical Assistance Office) to learn more. Visit [Medicare.gov/talk-to-someone](https://www.Medicare.gov/talk-to-someone) or call 1-800-MEDICARE (1-800-633-4227) to get the phone number. TTY users can call 1-877-486-2048.